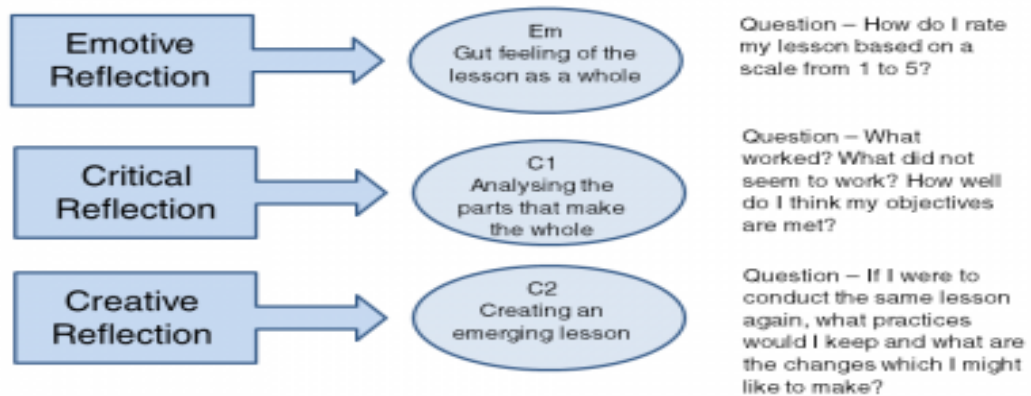




Type of Reflection: EmC² or Change Reflection Model



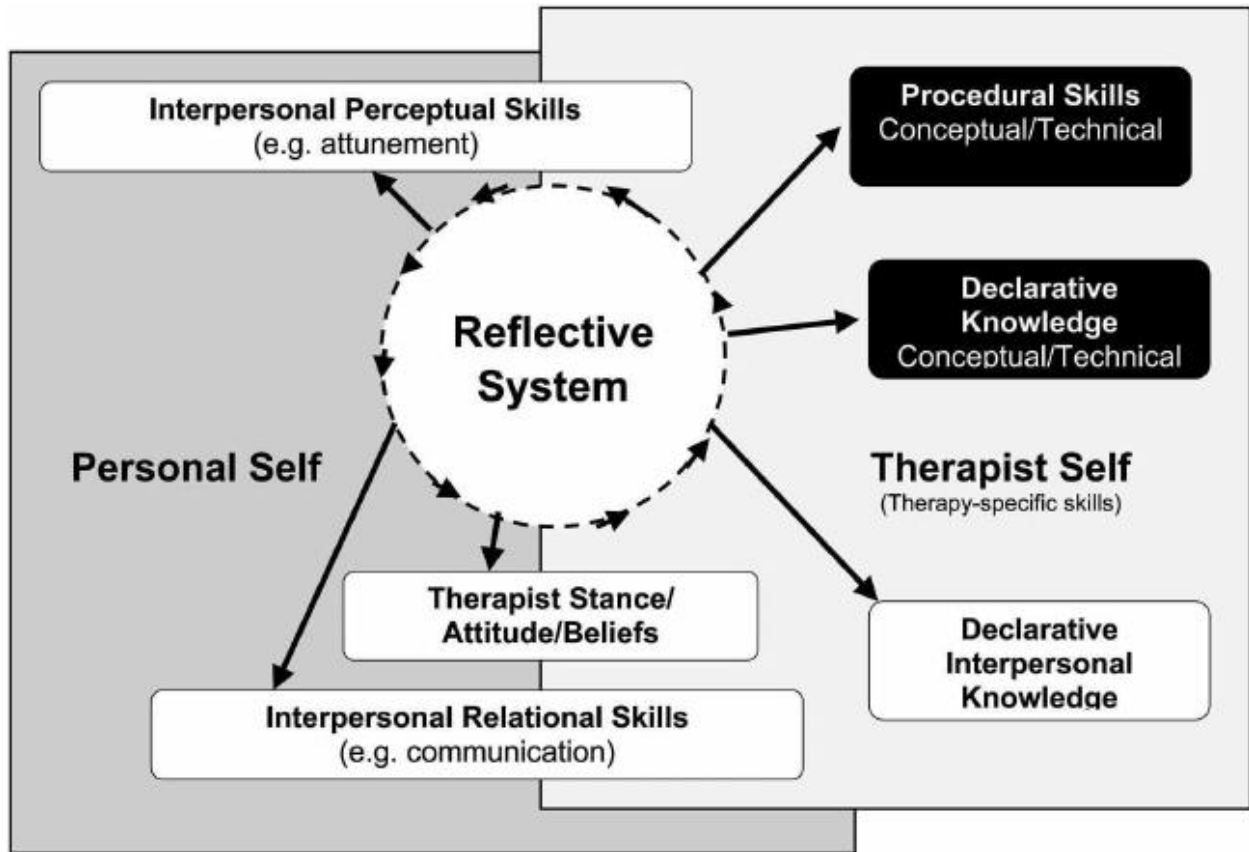
1

Note: Replace '*lesson*' with '*professional supervision session*' in response to an event or challenge

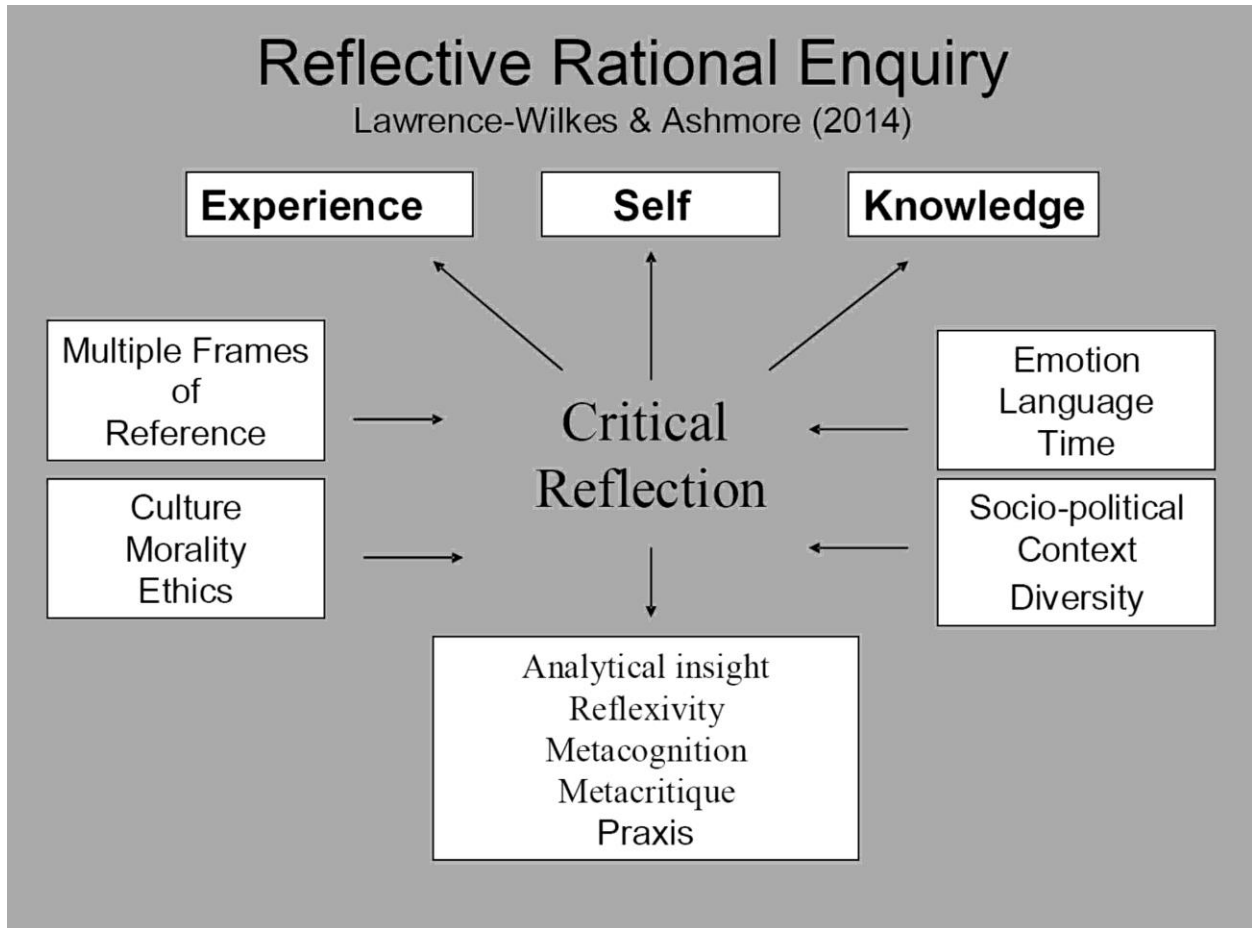
You can then use this model to explore the way that you may deal with *case work supervision* as a line manager; in that case, you replace 'lesson' with '*casework supervision session*'

¹ <http://singteach.nie.edu.sg/issue54-classroom03/>

Complex nature of reflective practice is demonstrated in the diagram below. Professional supervision requires a blend of personal and professional reflective approaches.



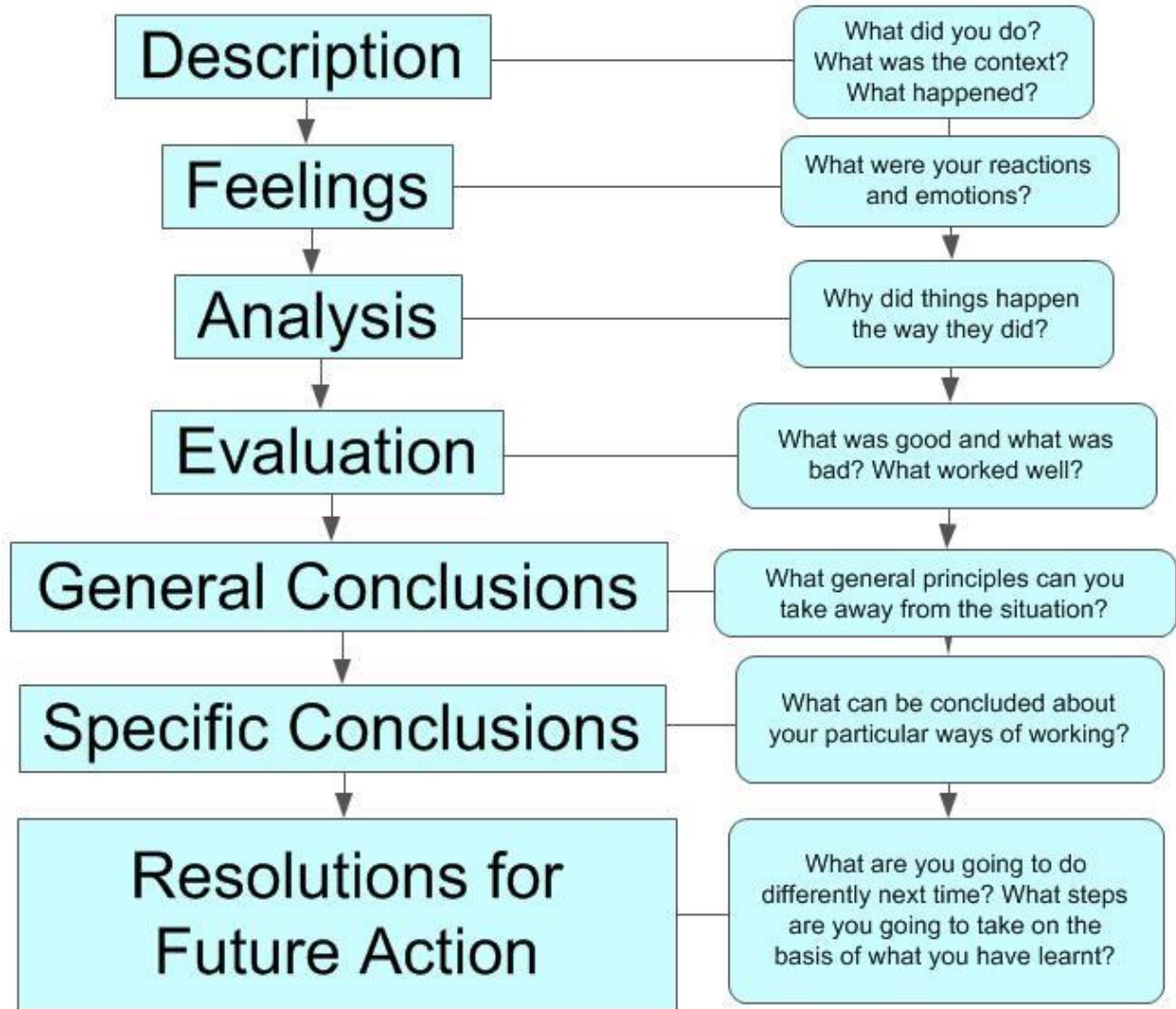
Approaches to reflective thinking – it’s what we want to assist our supervisees to achieve in both casework supervision and professional supervision.



2

² <http://www.businessballs.com/reflective-practice.htm>

Reflective practice in a flow chart



3

³ <https://gsasupport.wordpress.com/skills-for-study/your-learning-at-gsa/reflective-learning/model-for-reflective-thinking/>